



ONTARIO FEDERATION OF HOME AND SCHOOL ASSOCIATIONS

## Media Advisory

### OFHSA members applaud standing committee recommendations to fight childhood obesity

Brantford, March 29, 2007:

The thousands of parent members of the Ontario Federation of Home and School Associations are pleased to see the release of the Federal Standing Committee on Health's report on childhood obesity. Members have been advocating provincially for increased attention to healthy active living for children for many years, calling on the provincial government to implement mandatory quality daily fitness programs, healthy food choices for all schools, and changes to curriculum to ensure children learn about healthy eating.

"Now we have some co-ordinated research to demonstrate just how big a problem childhood obesity is in Canada," says Brian Peat, OFHSA president. "The problem cannot be left solely to provincial governments to address. It is time for a national campaign, with targeted resources, to ensure a healthy future for all children in Canada."

"The report shines a light on the problem and makes it clear that we all have a responsibility for the health of Canadian children. We look forward to seeing a national strategy coming out of this report."

#### **FOR MORE INFORMATION, CONTACT:**

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*The Ontario Federation of Home and School Associations (OFHSA) is a province-wide parent group, advocating for students in public education. Members believe that parents are willing and active partners with those responsible for administering programs, delivering services, and making decisions which affect children and youth. A not-for-profit organization, OFHSA is made up of volunteers who give their time and effort to support thousands of students who attend public education facilities in Ontario.*